

2017-2018
MOUNT VERNON MAJORS SPORTS INFORMATION

ELIGIBILITY REQUIREMENTS

- 1. All athletes must have a physical done after May 1, 2017 and it must be on the **newly revised February 2017** VHSL Athletic Participation/Parental Consent/Physical Examination Form. **Only one physical form is required for EACH school year. Providing false information will result in ineligibility for one year. Make a copy to keep for your records. The form will be available under files and links at www.mountvernonssports.org and in the Student Activities Office.**

- 2. **ALSO REQUIRED: MANDATED CONCUSSION PROGRAM** must be completed by the **student-athlete** and **one parent** in order to tryout. Visit www.mountvernonssports.org and click on the "**Mandatory Concussion Program Tab**" to complete.

- 3. **Emergency Care form** completed and turned in to the coach's mailbox in the Activities office.

NOTE: STUDENTS WILL NOT BE ABLE TO TRYOUT WITHOUT A COMPLETED VHSL FORM ON FILE IN THE ACTIVITIES OFFICE. DO NOT GIVE YOUR VHSL FORM TO YOUR COACH. THE FORM MUST BE TURNED IN TO THE ACTIVITIES OFFICE PRIOR TO TRYOUTS!

MOUNT VERNON MAJORS STUDENT ACTIVITIES OFFICE	
Director of Student Activities – Fernando Belli	fbelli@fcps.edu
Asst. Director of Student Activities – Tony Garza	wagarza@fcps.edu
Administrative Assistant – Gisele Gray	ggray@fcps.edu
Athletic Trainer – John Ponton	jvponton@fcps.edu
Associate Athletic Trainer – Christa Faiver	CEFaiver@fcps.edu
FALL TRYOUTS BEGIN AUGUST 1, 2017	
Cheer – Shaida Darvishian Varsity, JV, Freshman	shaidamarie@hotmail.com
Cross Country – Ashlyn Sinclair - Boys & Girls	aksinclair@fcps.edu
Field Hockey – Jessica Edwards	jlhebel@fcps.edu
Football – Monty Fritts- Varsity, JV, Freshman	mgfritts@fcps.edu
Golf – Co-Ed-Tyrone Crabb	tcrabb@fcps.edu
Volleyball – Daniel Rios- Varsity, JV, Freshman	drios4570@gmail.com
WINTER TRYOUTS BEGIN NOVEMBER 6, 2017	
Basketball – Boys – Lou Golden - Varsity, JV, Freshman	lfgolden@fcps.edu
Basketball – Girls – India Thomas- Varsity, JV, Freshman	iothomas@fcps.edu
Gymnastics – Linda Fisher	lfisher@iamaw.org
Swim/Dive – Mark Murray Boys & Girls	swmmurray@yahoo.com
Track/Field – Indoors – Courtney Jordan- Boys	coachcjordan@gmail.com
Track/Field – Indoors – John Uccellini-Girls	jmuccellini@fcps.edu
Wrestling – Joel Archer - Varsity, JV	jdarcher@fcps.edu
SPRING TRYOUTS BEGIN FEBRUARY 19, 2018	
Baseball – Mike LeMorta-Varsity, JV	coach.lemorta@gmail.com
Lacrosse – Boys – Geoff Young- Varsity, JV	GAYoung@fcps.edu
Lacrosse – Girls – Tessa Gechter- Varsity & JV	tgechter@fcps.edu
Soccer – Boys – Tony Garza - Varsity & JV	wagarza@fcps.edu
Soccer – Girls – Kelsey Otersen- Varsity & JV	keotersen@fcps.edu
Softball – Chris Anderson - Varsity & JV	christoper.anderson@unisis.com
Tennis – Girls – Nancy Epstein	nepstein@fcps.edu
Tennis – Boys – Jerry Musarra	mgdomo@aol.com
Track/Field – Courtney Jordan- Outdoor – Boys	coachcjordan@gmail.com
Track/Field – John Uccellini-Outdoor-Girls	jmuccellini@fcps.edu
Crew – Jamie Kirk	kirk.jamesk@gmail.com

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www.mountvernonssports.org

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