

2016-2017
MOUNT VERNON MAJORS SPORTS INFORMATION

ELIGIBILITY REQUIREMENTS

- 1. All athletes must have a physical done after May 1, 2016 and it must be on the **newly revised April 2016** VHSL Athletic Participation/Parental Consent/Physical Examination Form. Only one physical form is required for EACH school year. Providing false information will result in ineligibility for one year. Make a copy to keep for your records. The form will be available under files and links at www.mountvernonssports.org and in the Student Activities Office.
- 2. **ALSO REQUIRED: MANDATED CONCUSSION PROGRAM** must be completed by the **student-athlete** and **one parent** in order to tryout. Visit www.mountvernonssports.org and click on the "**Mandatory Concussion Program Tab**" to complete.
- 3. **Emergency Care form** completed and turned in to the coach's mailbox in the Activities office.

NOTE: STUDENTS WILL NOT BE ABLE TO TRYOUT WITHOUT A COMPLETED VHSL FORM ON FILE IN THE ACTIVITIES OFFICE. DO NOT GIVE YOUR VHSL FORM TO YOUR COACH. THE FORM MUST BE TURNED IN TO THE ACTIVITIES OFFICE PRIOR TO TRYOUTS!

MOUNT VERNON MAJORS STUDENT ACTIVITIES OFFICE	
Director of Student Activities – Fernando Belli	fbelli@fcps.edu
Asst. Director of Student Activities – Tony Garza	wagarza@fcps.edu
Administrative Assistant – Gisele Gray	ggray@fcps.edu
Head Athletic Trainer – Dan Reynolds	direynolds@fcps.edu
Assistant Athletic Trainer – Claire Kurtenbach	ckurtenbach@fcps.edu
FALL TRYOUTS BEGIN AUGUST 1, 2016	
Cheer – Shaida Darvishian Varsity, JV, Freshman	shaidamarie@hotmail.com
Cross Country – Ashlyn Sinclair - Boys & Girls	aksinclair@fcps.edu
Field Hockey –Jessica Edwards	jlhebel@fcps.edu
Football –Monty Fritts- Varsity, JV, Freshman	Mnty869@gmail.com
Golf – Co-Ed-Ryan Shaw	rryanshaw16@gmail.com
Volleyball – Amy DeBok- Varsity, JV, Freshman	adebok@teamdebok.com
WINTER TRYOUTS BEGIN NOVEMBER 7, 2016	
Basketball – Boys – Lou Golden - Varsity, JV, Freshman	lgolden@fcps.edu
Basketball – Girls – India Thomas- Varsity, JV, Freshman	iothomas@fcps.edu
Gymnastics – Linda Fisher	lfisher@iamaw.org
Swim/Dive –Mark Murray Boys & Girls	swmmurray@yahoo.com
Track/Field – Indoors –Courtney Jordan- Boys	coachcjordan@gmail.com
Track/Field – Indoors –John Ucellini-Girls	jmucellini@fcps.edu
Wrestling – Joel Archer - Varsity, JV	jdarcher@fcps.edu
SPRING TRYOUTS BEGIN FEBRUARY 20, 2017	
Baseball –Mike LeMorta- Varsity, JV	mlemorta@gmail.com
Lacrosse – Boys –TBD- Varsity, JV	
Lacrosse – Girls –Tessa Getcher- Varsity & JV	tgetcher@fcps.edu
Soccer – Boys – Tony Garza - Varsity & JV	wagarza@fcps.edu
Soccer – Girls – Kelsey Otersen- Varsity & JV	keotersen@fcps.edu
Softball – Chris Anderson - Varsity & JV	christoper.anderson@unisys.com
Tennis – Girls – TBA	
Tennis – Boys – Gerry Musarra	mghdomo@aol.com
Track/Field –Courtney Jordan- Outdoor – Boys	coachcjordan@gmail.com
Track/Field-John Ucellini-Outdoor-Girls	jmucellini@fcps.edu
Crew-Javier Castillo	a.javier.castillo@gmail.com

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www.mountvernonssports.org